EXPLORER CITIZENSHIP

1.Ethics	a		Discuss with SL part Law & Promise plays in your life
AND	b		Assist PL to plan & run a Scouts Own
2.First Aid	a		First Aid for Explorer Emergencies
OR	b		Understand DRABC(D)
AND	c		Demonstrate First Aid at Pioneer Level
AND	d		2 types of handseat & 1 other method of moving injured person
AND	e		Symptoms & treatment of shock.
3.Leadership			Discuss with PL 3 examples of your leadership in Scouts
4.Good Turn	a		4 hours maintenance of Scout property
OR	b		4 hours community service
5.Heritage	a		Activity with international theme
OR	b		With Patrol research an aspect of local history. Present to Troop.
OR	c		With Patrol plan, prepare, cook meal from other culture
6.Activity	a		Participate in activity with another District
OR	b		Plan a tour of community. Go as Patrol.
7.Community	a		Activity or chart on road and bicycle safety for Cubs
OR	b		Chart with local emergency numbers/contacts
8.Environment	a		Section 1 & 2 of World Conservation Badge
OR	b		Complete last 2/3 of Landcare Badge
OR	c		Walk in local community. Find 10 ways more environmentally friendly
9.Fitness	a		Lead discussion with Pioneer Scouts about healthy lifestyle
AND	b		With Patrol participate in activity showing value of exercise & sport

To complete Explorer Citizenship the Scout must complete 1 to 4 and any 3 of 5 to 9